

Data Breach: What it is, what to do, and simple ways to protect your accounts

Gridinsoft Help Center

What it is

How it happens

- Phishing or stolen passwords
- Unpatched apps or exposed databases
- Malware on an employee device
- Third-party vendor with weak security

What you might notice

- Emails about password resets you didn't request
- Strange logins or charges on your accounts
- Notifications from a company saying your data was involved

If you get a breach notice

- Change your password for that site (and anywhere you reused it); turn on MFA.
- Watch your accounts: set alerts for bank/credit and enable sign-in notifications.
- Check breaches for your email and rotate old passwords.
- If payment data was exposed, freeze or replace the card and consider a credit freeze.

Prevent the next one

- Use a password manager and unique passwords everywhere.
- Turn on MFA (app or security key) for important accounts.
- Be cautious with links/attachments; verify urgent requests out of band.
- Keep your devices and browser updated.