

# Cyberterrorism: What it is, how it strikes online, and how to prepare and respond

Gridinsoft Help Center

## Cyberterrorism

### What it is

Cyberterrorism is using computers and the internet to frighten, disrupt, or harm people and organizations-at scale. Instead of bombs or break-ins, attackers use hacks, fake messages, and takedowns to shut services, spread fear, or pressure governments and companies.

### What it looks like

- Website and service takedowns (DDoS): flooding a site so citizens can't get news or services.
- Hacks and data leaks: stealing sensitive files, then publishing them to intimidate.
- Ransomware & malware: locking systems to halt hospitals, transport, or utilities.
- Disinformation & phishing: crafted messages to mislead, panic, or gain access.

### Why it's different

The goal isn't just money - it's impact and fear: interrupt emergency lines, jam public portals, or erode trust in official info.

### How to reduce the risk

- Harden the basics: MFA everywhere, patch fast, least-privilege access.
- Protect the edge: WAF/DDoS shielding, rate limits, and geo/IP rules.
- Plan and practice: incident runbooks, backups you've actually restored, and clear comms templates.
- Train people: spot phishing, verify urgent requests out of band, report quickly.

### If you're targeted

- Stabilize services (activate DDoS protection, switch to read-only modes if needed).
- Contain and investigate (isolate infected hosts, preserve logs, rotate credentials).
- Communicate clearly to users and partners; don't speculate.
- Restore from clean backups and review gaps before re-opening everything.